

1 **GRAPHENE OXIDE-LOADED SHORTENING AS AN ENVIRONMENTALLY-FRIENDLY**  
2 **HEAT TRANSFER FLUID WITH HIGH THERMAL CONDUCTIVITY**

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14  
15 **Abstract**

16  
17 *Graphene oxide-loaded shortening (GOS), an environmentally-friendly heat transfer fluid with high*  
18 *thermal conductivity, was successfully prepared by mixing graphene oxide (GO) with a shortening.*  
19 *Scanning electron microscopy revealed that GO particles, prepared by the modified Hummer's*  
20 *method, dispersed well in the shortening. In addition, the latent heat of GOS decreased while their*  
21 *viscosity and thermal conductivity increased with increasing the amount of loaded GO. The thermal*  
22 *conductivity of the GOS with 4% GO was higher than that of pure shortening of ca. 3 times (from*  
23 *0.1751 to 0.6022 [Wm<sup>-1</sup>K<sup>-1</sup>]) and increased with increasing temperature. The GOS started to be*  
24 *degraded at ca. 360 °C. After being heated and cooled at 100 °C for 100 cycles, its viscosity slightly*  
25 *decreased and no chemical degradation was observed. Therefore, the prepared GOS is potentially*  
26 *used as environmentally friendly heat transfer fluid at high temperature.*

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28 **Key words:** *graphene oxide; heat transfer fluid; shortening; thermal conductivity*

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30 **1. Introduction**

31  
32 Heat transfer fluid (HTF) is a liquid substance used to carry heat away from its source to be cooled. It  
33 is used to monitor heat and temperature [1] and determine the efficiency of heat utilization in various  
34 applications such as chemical processing, concentrated solar power, food and beverage processing,  
35 pharmaceutical and plastic processing and system maintenance. In solar thermal energy, the solar  
36 collectors convert solar radiation into heat that transfers through HTF to a heat exchanger [2]. This  
37 heat boils water and produces steam. Since the electricity is obtained from turbine driven by steam, it  
38 is directly proportional to the amount of heat transferred to water.

39  
40 Based on the operation temperatures, HTF can be classified as low and high temperature ones. Water-  
41 based liquid containing alcohol or diol is low temperature HTF whereas petroleum-based and  
42 synthetic mineral oils such as silicone and paraffinic oil, alkylated aromatic and fluorocarbon are used

43 at high operating temperature. However, these high temperature HTFs are not biodegradable and not  
44 derived from renewable resources. Thus, shortening, a mixture of fatty acid and triglycerides of  
45 vegetable origin, is introduced for environmental-friendly reason. Although it is non-toxic, normally  
46 used at high temperature, non-corrosive and cost-effective, its thermal conductivity (TC), necessary to  
47 prevent failures during instantaneous overload, is low. To enhance the TC of HTFs, highly thermal  
48 conductive materials such as active carbon in lauric acid [3], carbon fibers in paraffin [4], carbon  
49 nanotubes in palmitic acid [5], exfoliated graphite in wax/LDPE [6], expanded carbon in capric-  
50 myristic acids [7], expanded graphite in palmitic acid [8] and nanographite in paraffin waxes [9] have  
51 been added to improve TC of HTF.

52

53 Among various nanomaterials with high surface area [10-18], graphene is probably the most suitable  
54 carbon-based nanomaterial to increase TC of HTF due to its low thermal interface resistance  
55 associated with their two-dimensional planar structure [19]. The viscosity of graphene-based  
56 suspension decreased at relatively high loading, whereas a monotonic increase was observed for  
57 suspensions with all the other carbon additives. Unfortunately, a single layered graphene is hard to be  
58 produced in large amount; therefore, graphene oxide (GO), produced on the ton scale in inexpensive  
59 ways [20-21], is potentially to be used to improve TC of materials instead.

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61 Due to the relative ease of GO production, in this contribution, GO was added into shortening to  
62 generate naturally derived and biodegradable HTFs with high TC used at high temperature for the first  
63 time. The thermal properties, thermal stability, morphology and viscosity of the developed GO-loaded  
64 shortening (GOS) were investigated by thermogravimetric analyzer (TGA) and differential scanning  
65 calorimeter (DSC), Fourier transform infrared spectroscopy (FTIR), scanning electron microscope  
66 (SEM) and rotational viscometer, respectively.

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## 68 2. Experimental

### 69 2.1 Materials

70 Graphite (< 20  $\mu\text{m}$ , Sigma-Aldrich, USA), hydrogen peroxide ( $\text{H}_2\text{O}_2$ , 30%, Univar, Australia),  
71 potassium permanganate ( $\text{KMnO}_4$ , Univar, Australia), shortening (Crisco, USA), sodium nitrate  
72 ( $\text{NaNO}_3$ , Univar, Australia) and sulfuric acid ( $\text{H}_2\text{SO}_4$ , 98%, RCI Labscan, Thailand) were used as  
73 received. The deionized (DI) water was used throughout this work.

### 74 2.2 Preparation of GO and GOS

75 GO particles were prepared by the modified Hummer's method [22]. In brief, graphite powder (5 g),  
76  $\text{NaNO}_3$  (2.5 g) and 98%  $\text{H}_2\text{SO}_4$  (115 ml) were mixed together and stirred at 0  $^\circ\text{C}$  for 10 min. After the  
77 slow addition of  $\text{KMnO}_4$  (15 g), the mixture was warmed up to 35  $^\circ\text{C}$  while stirred for 30 min. DI  
78 water (250 ml) was gradually added. The mixture was heated at 98  $^\circ\text{C}$  for 15 min and cooled in a  
79 water bath for 10 min. Subsequently, DI water (700 ml) and 30%  $\text{H}_2\text{O}_2$  (5 ml) were slowly added.  
80 After being stirred at room temperature for 30 min and left standing for a day, the dark green  
81 precipitate was collected and washed, by decantation and centrifugation at 3,300 rpm for 30 min, with  
82 DI water 4 times. The obtained GO powders were dried on a freeze dryer (Supermodulyo-230,

83 Thermo Scientific, USA) before mixing with melted shortening (60 °C) at mass fractions of 1, 2, 3 or  
84 4% w/w. The prepared GOS were then cooled down to room temperature.

### 85 2.3 Characterization of GO particles and the GOS

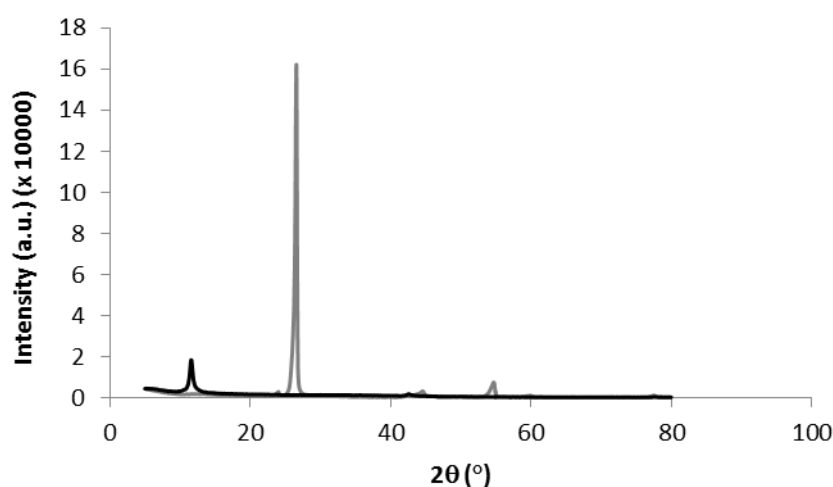
86 The morphologies of graphite, GO powders and GOS were observed under SEM (TM-1000, Hitachi,  
87 Japan). Their XRD patterns were recorded on X-ray diffractometer (XRD, D8 ADVANCE, Bruker,  
88 USA) operating at 40 kV and 40 mA using high power  $\text{CuK}_{\alpha 1}$  radiation with Ge-crystal (Johansson  
89 type) monochromator ( $\lambda = 1.5406 \text{ \AA}$ ). The diffraction patterns were examined at  $5 - 80^\circ$  with a  
90 scanning rate of 1 s/step and a step size of  $0.075^\circ$ . TC of the GOS (30 ml) was measured at 30, 60 and  
91  $90^\circ\text{C}$  using the transient hot-wire method [23-26], i.e., the thermostat with a sensor (Thermal Logic,  
92 USA) with a diameter of 1.27 mm, a length of 60 mm, a voltage of 1.6 V and a power of 1.8 W was  
93 immersed into the samples. Each set of the experiment was conducted in triplicate. The average  
94 values and their errors were reported.

95 The latent heat of the samples was determined by DSC (DSC1, Mettler Toledo, The Netherlands)  
96 from 0 to  $100^\circ\text{C}$  at the heating and cooling rates of  $10^\circ\text{C}/\text{min}$  under nitrogen atmosphere. TGA  
97 (TGA-7, Perkin Elmer, USA) was performed on a thermal analyzer varying from 50 to  $550^\circ\text{C}$  at a  
98 heating rate of  $10^\circ\text{C}/\text{min}$  under nitrogen atmosphere. The chemical compositions of shortening, GO  
99 powders and the GOS were characterized by FTIR (Equinox 55, Bruker, Germany). Its chemical  
100 degradation was also observed by FTIR. The viscosity of the melted GOS was measured by a  
101 rotational viscometer (VT-04F, Rion, Japan) with a rotor speed of 62.5 rpm and the aid of an adaptor  
102 for liquids with low viscosities at  $60^\circ\text{C}$ . To assess thermal stability, the GOS with 4% w/w GO was  
103 heated up to  $100^\circ\text{C}$  and cooled down to  $30^\circ\text{C}$  for 100 cycles. The viscosity of the GOS was  
104 measured for every 10 cycles at  $60^\circ\text{C}$ . It should be noted that each set of the viscosity measurements  
105 was conducted in triplicate. The average values and their errors were also reported.

## 106 3. Results and discussion

107 XRD patterns of graphite and synthesized GO powders are shown in fig.1

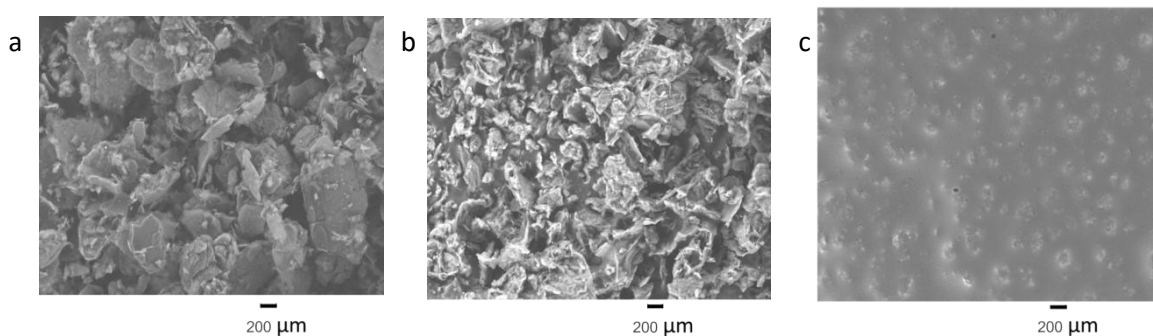
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110 **Figure 1** X-ray diffraction spectra of graphite powder (gray) and graphene oxide (black)

111 The peaks at 26.6, 41.9 and 54.1° in the XRD spectrum (a) correspond to the layered structure of  
 112 graphite [27]. In contrast, the spectrum (b) shows only a broad characteristic peak at 11.5°, matching  
 113 with that of GO [28]. The absence of high intensity sharp peaks indicates that the layers of graphene  
 114 in graphite were exfoliated. In addition, the existence of only a peak in spectrum (b) confirms the  
 115 significant purity of the synthesized and purified GO powders possibly resulted from several  
 116 oxygenated groups on the GO sheets [29-30]. The morphologies of graphite, synthesized GO and the  
 117 GOS with 4% w/w GO were studied under SEM and their images are shown in fig. 2a), 2b) and 2c),  
 118 respectively.  
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121 **Figure 2** Scanning electron micrographs of a) graphite, b) graphene oxide and c) graphene oxide-  
 122 loaded shortening with 4% w/w graphene oxide

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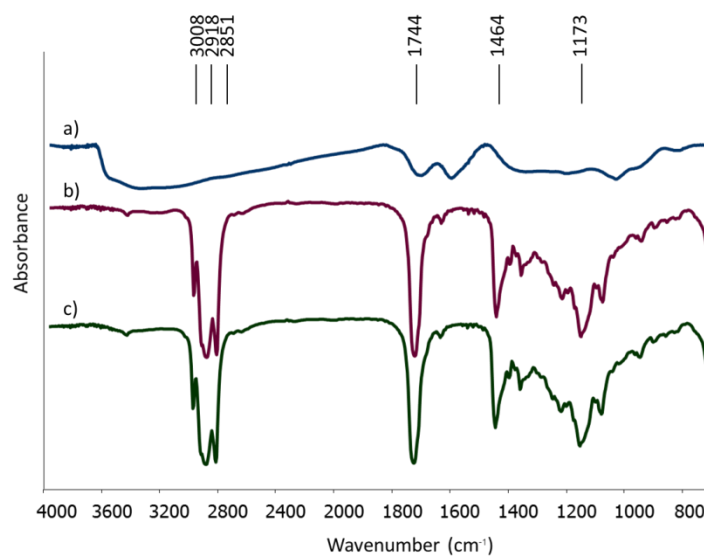
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137 **Figure 3** Fourier transform infrared spectroscopy spectra of a) graphene oxide, b) shortening and c)  
 138 graphene oxide-loaded shortening with 4% w/w graphene oxide

139 SEM micrographs revealed that the size of graphite particles in fig. 2a) was larger and its surface was  
 140 smoother when compared to GO in fig. 2b). This indicated that the stacks of graphene in graphite  
 141 were disintegrated resulting in the increase in surface area of the resulting GO particles. fig. 2c)  
 142 reviewed that GO with an average size of  $123 \pm 33 \mu\text{m}$  well dispersed in the shortening probably due to

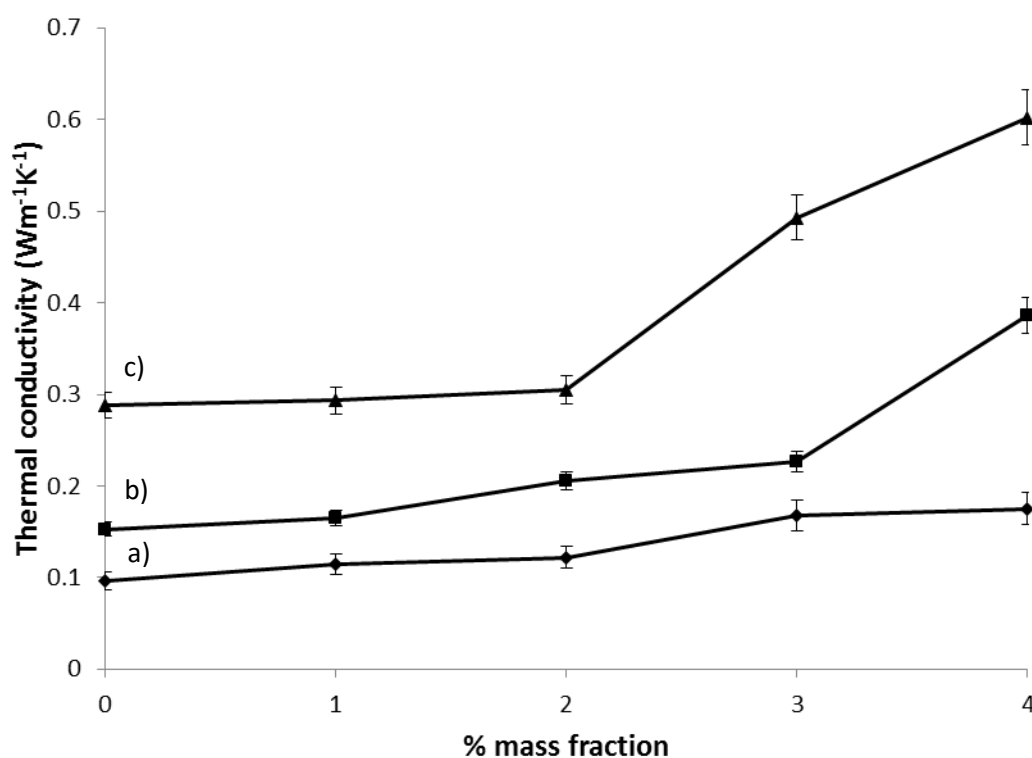
143 the presence of oxygen-containing functional groups on the GO surface preventing the agglomeration.  
 144 This would benefit the increase in TC of the GOS which involves the collision of the particles in the  
 145 materials via the convection mechanism [24]. If the particles agglomerated, the number of the  
 146 particles collisions and TC of the materials would also decreased. To investigate the functional groups  
 147 existed in GO and the interaction with shortening, FTIR was used for analysis of GO, shortening and  
 148 the GOS. Their spectra are displayed in fig. 3.

149

150 The spectrum a) of GO in fig. 3 shows the three broad bands, i.e., ~1850 – 3600 (carboxylic groups),  
 151 ~1700 (C=O carboxylic acid stretching) and ~1600  $\text{cm}^{-1}$  (aromatic groups) whereas the characteristic  
 152 peaks at 2851, 2918, 3008 ( $-\text{CH}_3$  stretching) and 1744  $\text{cm}^{-1}$  (C=O stretching of ester groups) appear in  
 153 the spectra b) and c) of shortening and GOS [31]. The identical IR spectra b) and c) and no peak shift  
 154 in the GOS spectrum could be implied that the shortening and GO were physically mixed without  
 155 chemical interaction between two phases. Next, the relation between TC of the GOS and the amount  
 156 of added GO at 30, 60 and 90 °C is shown in fig. 4a), 4b) and 4c), respectively.

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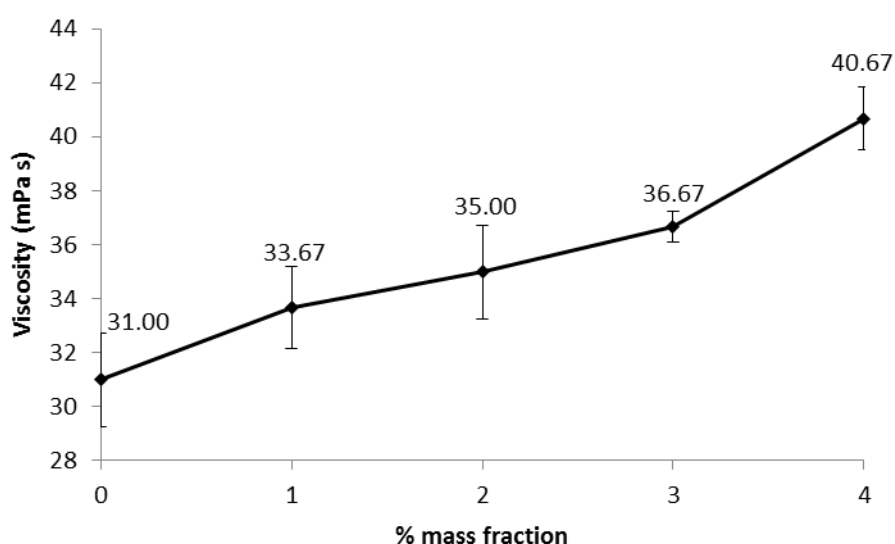
161 **Figure 4** Thermal conductivity of graphene oxide-loaded shortening vs. % graphene oxide mass  
 162 fraction at a) 30, b) 60 and c) 90 °C)

163 Results in fig. 4 suggest that the TC of all the GOSs increased with increasing the temperature and the  
 164 amount of added GO. It was explained that the increase in temperature caused an increase in the  
 165 number of particle collisions and, as a result, TC of the GOS [24]. However, at 30 °C, the addition of  
 166 GO hardly affected the TC of GOSs (fig 4a) whereas the TC of the GOSs at 60 and 90 °C greatly

167 increased with increasing the GO content from 3 to 4% and from 2 to 4%, respectively (fig. 4b and  
 168 4c). The minimum amount of the added GO particles to start the heat transfer via a collision  
 169 mechanism decreased with increasing temperature. This probably resulted from the ease of GO  
 170 particles collision. Moreover, the shortening melted at ca. 47 – 48 °C which facilitated the movement  
 171 of the added GO particles. When the numerical values of TC were considered, it was found that TC of  
 172 the GOS with 4% GO was ~2.5 and ~2 times higher than that of pure shortening at 60 and 90 °C,  
 173 respectively.

174 It was found that the ability of GO to enhance TC of shortening was not much different from the other  
 175 organic materials. For example, in 2013, TC of palmitic acid increased about three to four times after  
 176 being added by GO [32]. In 2014, reduced GO, a derivative of GO, was added to polystyrene. The  
 177 results showed that TC of polystyrene was enhanced by almost twice as the reduced GO concentration  
 178 increased from 0 to 10% vol. [33].

179 Not only TC but also the viscosity of the GOS is important because it controls the ability of HTFs to  
 180 be flowed in pipes, which is vital in practical uses. Then, the relation between the viscosity of the  
 181 GOS and the amount of GO added into the GOS at 60 °C was studied. The graph is shown in fig. 5.

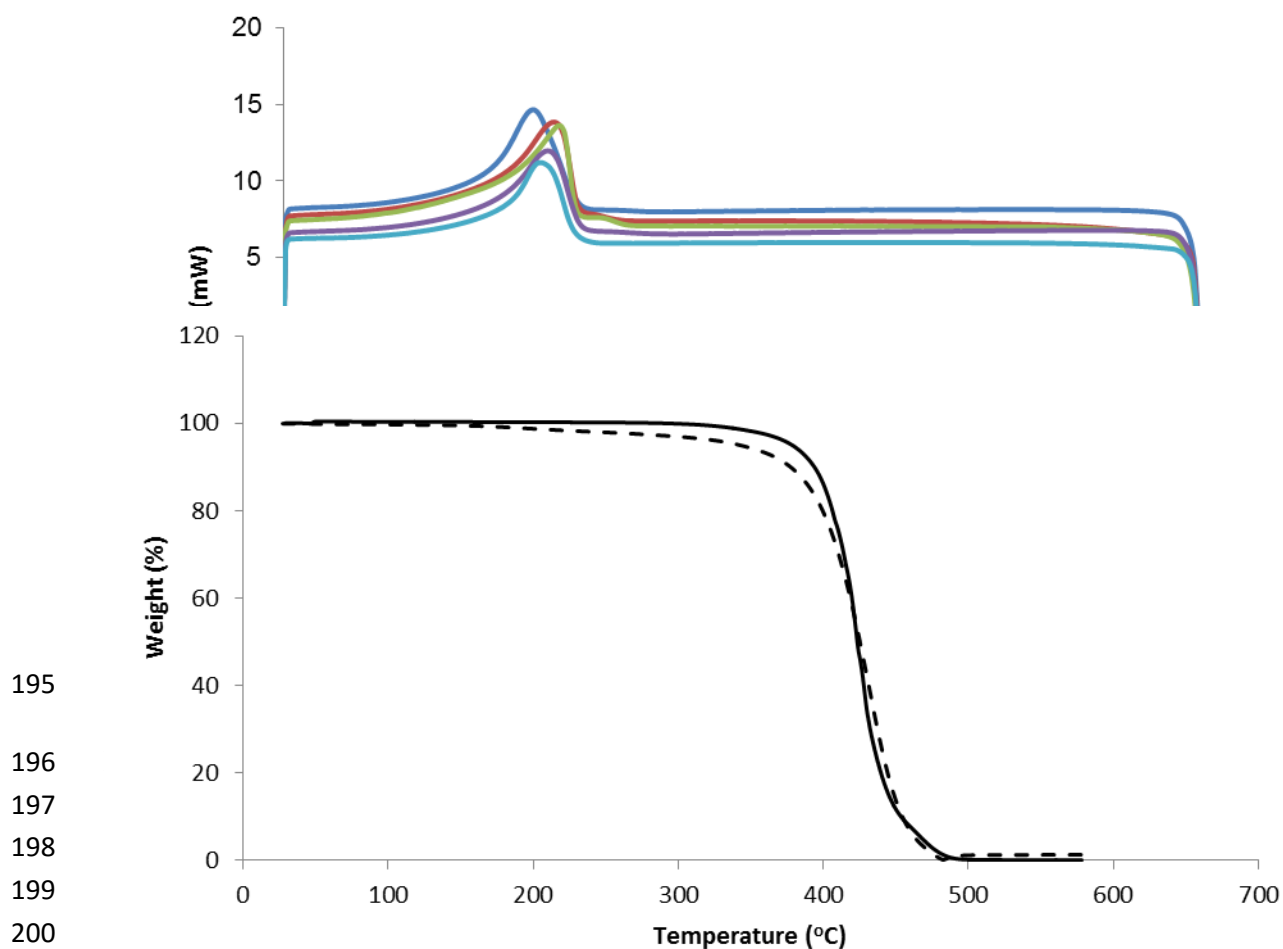


182  
 183 **Figure 5** The viscosity of graphene oxide-loaded shortening as a function of % graphene oxide mass  
 184 fraction

185 It was observed that the viscosity of the GOS composites linearly increased with increasing the GO  
 186 mass fraction or the volume fraction of the suspended particles [34]. Even though the TC of GOS with  
 187 4% w/w GO was higher than that of pure shortening more than twice, the viscosity of GOS (41  
 188 mPa·s) was ca. 1.3 times of that of pure shortening (31 mPa·s). This yielded the highly thermal  
 189 conductive HTFs which could be flowed easily.

190  
 191 The latent heat, the thermal energy released or absorbed by a material and one of the important  
 192 indexes for being good HTFs, of the GOS was then determined. The DSC thermograms of pure  
 193 shortening and the GOS with various amounts of loaded GO powders are shown in fig. 6.

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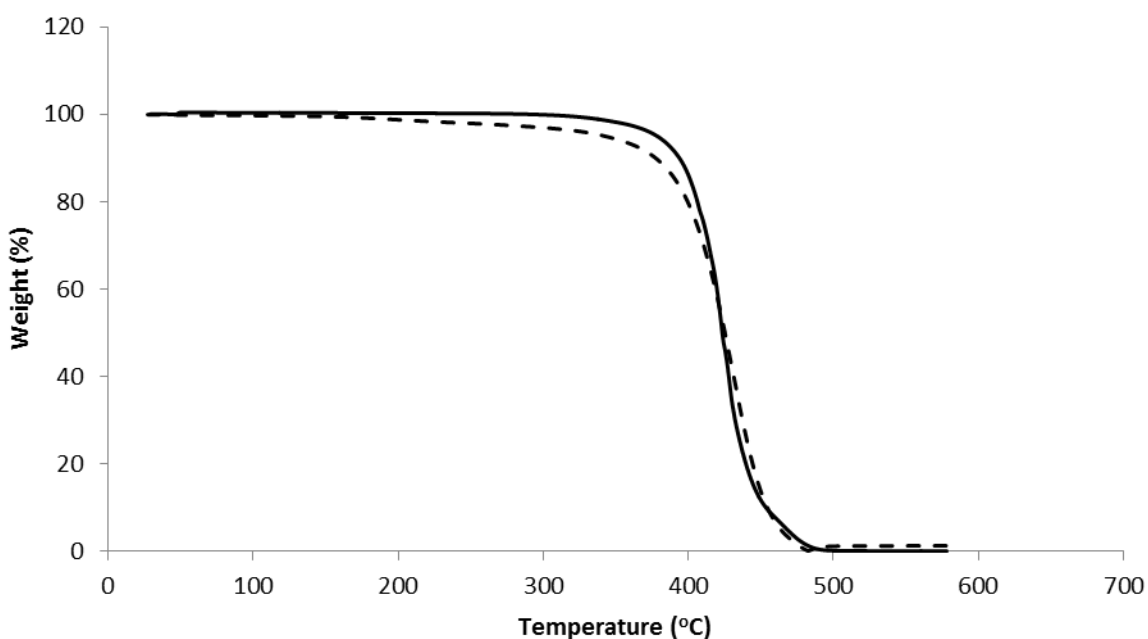
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202 In fig. 6, the shapes and the phase change temperatures of all DSC thermograms were almost similar.  
203 The melting and the freezing temperatures of all the GOSs were ca. 46 and 29 °C, respectively. This  
204 confirmed no chemical interaction between shortening and GO and no relation between the amount of  
205 added GO and the melting temperature of the GOS. To understand the change in the enthalpy of  
206 melting and freezing and the relation between the enthalpies and the amount of added GO, the latent  
207 heats of the GOSs are calculated and the data are shown in tab. 1.

208 **Table 1** The relation between % graphene oxide mass fraction in graphene oxide-loaded shortening  
209 and the enthalpy of melting and freezing & the phase change temperature of the GOS

% Graphene oxide	$\Delta H_{\text{melting}}$ (J/g)	$\Delta H_{\text{freezing}}$ (J/g)	Melting temperature (°C)	Freezing temperature (°C)
0	20.2	15.7	<u>27.6</u>	<u>45.8</u>
1	19.9	14.4	<u>29.7</u>	<u>46.0</u>
2	19.2	13.8	<u>39.2</u>	<u>46.4</u>
3	18.8	12.9	<u>28.9</u>	<u>45.8</u>
4	18.7	12.8	<u>28.1</u>	<u>46.2</u>

211 Tab. 1 reveals that the reduction in the enthalpy of melting and freezing the GOS is proportionally to  
212 the amount of loaded GO. However, there are only small differences between the enthalpies of  
213 melting and freezing of the GOS with 3% w/w GO and those with 4% w/w GO, indicating the onset  
214 of the phase separation between shortening and GO at 4% w/w GO. To balance the homogeneity and  
215 the enhancement of the TC, the GOS with 4% w/w was chosen for the study of the thermal stability.

216 In addition, adding GO into shortening did not affect both melting and freezing temperatures. These  
217 results were consistent with FTIR results (fig. 3) that the shortening and GO were physically mixed  
218 only. Thermal decompositions of shortening and GOS with 4% w/w GO mass fraction were  
219 determined by TGA. The thermograms are shown in fig. 7.



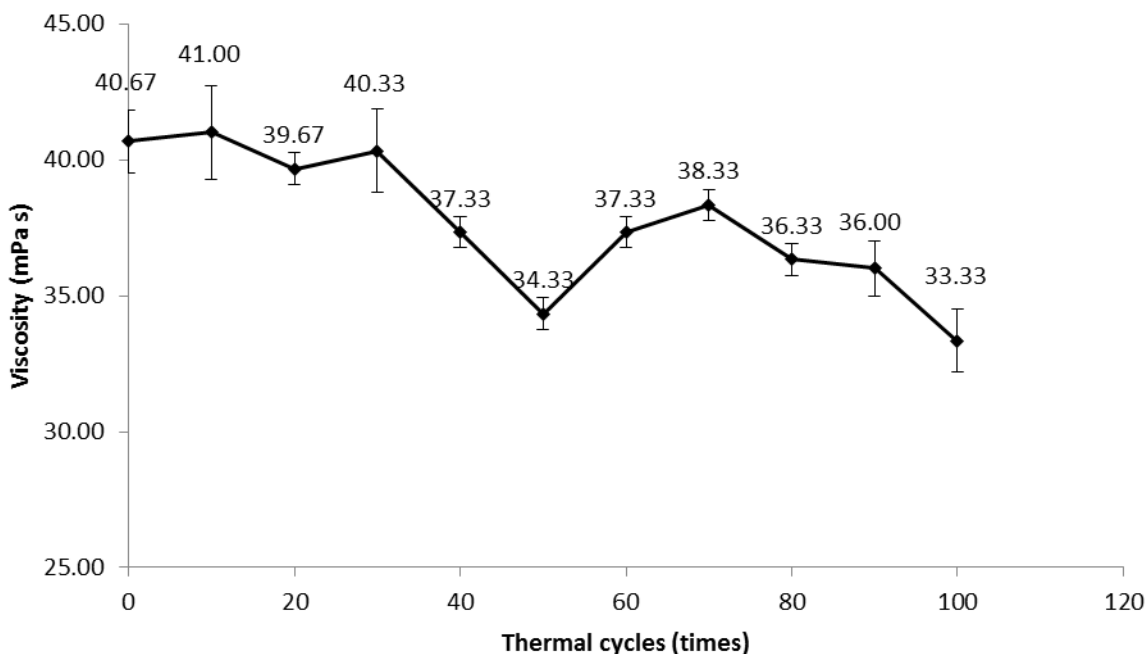
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221 **Figure 7** Thermogravimetric thermograms of shortening (solid line) and graphene oxide-loaded  
222 shortening with 4% w/w graphene oxide (dash line)

223 The TGA thermograms show that initial decomposition temperature of the shortening and the GOS  
224 composites were ca. 360 °C. The slight change in the degradation of the shortening indicates the good  
225 thermal stability of the GOS and confirmed no chemical interaction between shortening and GO as  
226 formerly observed from the DSC studies [35]. To further investigate the thermal stability of the GOS  
227 with 4% w/w GO, the chemical degradation of the GOS before and after being heated and cooled for  
228 100 cycles was examined by FTIR. It was found that the FTIR spectrum of both the freshly prepared  
229 and used GOS were identical which supports no chemical degradation and oxidation of the GOS after  
230 being heated and cooled for 100 cycles. Therefore, the GOS with 4% w/w GO could be used as HTFs  
231 for at least 100 cycles. The viscosity of HTFs was also measured and the results are shown in fig. 8.

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233

234 **Figure 8** The relation between the viscosity of graphene oxide-loaded shortening with 4% w/w  
 235 graphene oxide and the number of thermal cycles

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237 The viscosity of the GOS with 4% GO slightly decreased after being heated and cooled for 100 cycles  
 238 because some of the long hydrocarbon chains of the heated shortening were probably cut. Thus, all  
 239 the results indicate the great potential of the GOS with 4% w/w GO to be used as HTFs at high  
 240 temperature.

241

#### 242 **4. Conclusion**

243 The GOS, an environmentally-friendly HTF with high thermal conductivity ( $0.6022 \text{ [Wm}^{-1}\text{K}^{-1}\text{]}$ ) for  
 244 being used at high temperature, was successfully prepared by mixing 4% w/w GO with a shortening.  
 245 SEM images showed that GO particles dispersed well in shortening. DSC thermograms revealed that  
 246 the latent heat of the GOS slightly decreased while their viscosity and TC increased from 31.00 to  
 247 40.67 mPa·s and from  $0.1751$  to  $0.6022 \text{ [Wm}^{-1}\text{K}^{-1}\text{]}$ , respectively, with increasing the amount of loaded  
 248 GO and temperature from 0 to 4% w/w and from 30 to 90 °C, respectively. TGA thermograms  
 249 indicated that the GOS started to be degraded at ca. 360 °C. Results from FTIR and viscometer can be  
 250 implied that, after being heated and cooled at 100 °C for 100 cycles, its viscosity slightly decreased  
 251 from 40.7 to 33.3 mPa·s without chemical degradation. Thus, the GOS with 4% w/w GO would be  
 252 potentially used as HTF at high temperature.

253

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261

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